

# WALKS



See what you've been missing from the driver's seat ...

Walk with us in 2009! This year's schedule includes old favorites from the book and NEW routes to local sites you might not have seen.



Gathering for Laguna Walk to Stone Farm, July 2009

## AUGUST 29

Saturday, 9:00 a.m.

### Laguna Exploration to Brown Farm

5 miles

Our second Laguna hike is south of Highway 12 on Laguna trail routes proposed by the Open Space District, but not yet open to the public. From the Plaza the route will follow the Rodota Trail, then the Railroad forest and Brown Farm, with a break under big valley oaks. Docents will discuss Laguna plants and animals, and the importance of wetland habitats.

Meet at the Sebastopol town plaza at 9 a.m. The 4-mile route over easy terrain will take about 3 hours. Sturdy shoes and light colored clothes (to identify ticks) and long pants are recommended. Bring water, snacks, a hat, sunscreen, and binoculars.

Leaders: Christine Fontaine, Education Programs Director and Laguna docents Christine Engel, Marcia Johnson, Ramona Haller & Sandra Bodley.

## SEPTEMBER 26

Saturday, 9:00 a.m.

### Ragle Ranch Park

4 miles

Walk from the Plaza through neighborhoods to Ragle Ranch Park. Take the loop trail in the bottomland along Atascadero Creek, and back to the Plaza. Or, meet at the Ragle Peace Garden at 10:00 for a short walk. Wear comfortable shoes for trail walking.

Leader: To be announced.

## INFORMATION

- Walks are easy and mostly flat on good surfaces, with a few mild climbs. Please consult with your doctor before starting a new exercise regimen.
- Walking or hiking shoes are recommended. Dress in layers. Bring water, snacks (or lunch if noted), sunscreen and a hat.
- Walks may be modified by the leader. Walkers may leave the group after notifying the walk leader.
- NOTE: Plaza Parking is limited to two hours. Rain cancels.
- Information: (707) 823-3032 info@sebastopol.org

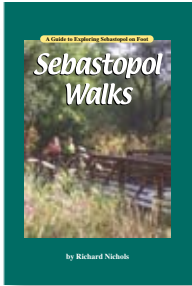
Leaving Kelly Pond, Laguna Walk, July 2009



# SEBASTOPOL WALKS



Schedule for 2009



Most of these local walks are described and mapped in the recently published guidebook, *Sebastopol Walks*, by author and walks coordinator, Richard Nichols. The guidebook can be purchased at City Hall and the Sebastopol Area Chamber office.

**\$3.00 Donation**



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## OCTOBER 31

Saturday, 9:00 a.m.

### A Senior Walk

2 or 3 miles

Walk from the Plaza through Sebastopol's Spooky neighborhoods, including a stop at the Sebastopol Senior Center for hot cider and Halloween treats on the way back to the Plaza. All ages welcome!

Leader: Kathleen Shaffer, member, Sebastopol City Council.

## NOVEMBER 28

Saturday, 10:55 a.m.

### Forestville to Sebastopol

7.5 miles

Meet in the Plaza and take the 11:10 bus to Forestville. Walk back to the Plaza on the West County Trail (7.5 flat, easy miles) with a stop in Graton for coffee and a snack along the way.

Leader: Richard Nichols.



iWALK Kick-off Event, May 2009

Looking South from near Occidental Road, Laguna Walk, July 2009

